CURRICULUM PROGRAM – 4 WEEKS

July 6 to July 31 ~ Ages 4 to Adult

Ballet ~ Pointe ~ Partnering ~ Contemporary ~ Stretch & Conditioning

INTRO TO DANCE: Ballet/Jazz/Creative Movement: Ages 4, 5,

ELEMENTARY 1 BALLET/LYRICAL Combination: Ages 6, 7 (Completed Dance Center Level Pre-Ballet & Elementary 1)

ELEMENTARY 2/3 BALLET/LYRICAL Combination: Ages 8,9,10 (Completed Dance Center Levels 2 & 3).

ELEMENTARY 4/5 BALLET and POINTE PREPARATION: Ages 8,9,10 (Completed DC Levels 3 & 4).

ELEMENTARY 6 BALLET/POINTE, CONTEMPORARY, STRETCH: Ages 10,11,12. (Completed DC Levels 5 & 6). ***2 BALLET CLASSES PER WEEK REQUIRED.***

REGULAR DIVISION A/B & B/C BALLET/POINTE,CONTEMPORARY,STRETCH: Ages 13 & over. (Completed DC Levels A, B). ***2 BALLET CLASSES PER WEEK REQUIRED.***

REGULAR DIVISION C/D BALLET/ POINTE, CONTEMPORARY, STRETCH : Ages 14 & over. (Completed Dance Center Levels C, D). ***2 BALLET CLASSES PER WEEK REQUIRED.***

STRETCH & CONDITIONING and LUXE BARRE & CONDITIONING: This class is designed to stretch and tone the entire body emphasizing upper and lower abdominals complimenting ballet technique and cross training for injury prevention.

Monday

Studio A		Studio B	
6:00-8:00	B/C Ballet/Pointe	4:45-5:30	Intro to Dance – Ages 4,5
		5:30-6:45	Elementary 6 Ballet/Pointe
		5:30-6:45	Elementary 4/5 Ballet/Pointe Prep

Tuesday

Studio A		Studio B	
4:45-5:30	A/B Stretch & Cond.	9:30-10:30	Luxe Barre & Conditioning
5:30-6:15	C/D Stretch & Cond.		
6:15-8:00	C/D Ballet & Variations	5:30-7:15	A/B Ballet & Variations
		7:15-8:15	Adult Ballet
		5:00-5:45	Elementary 4/5/6 Stretch & Cond (Studio C)
		5:45-6:30	Elementary 4/5/6 Contemporary (Studio C)

Wednesday

Studio A	
5:30-7:15	B/C Ballet & Pointe
7:15-8:00	B/C Contemporary Jazz

Thursday

Studio A			
5:00-6:15	Elementary 4/5 Ballet/Pointe Prep	4:45-5:45	Elementary 1 Ballet/Lyrical – Ages 6, 7
6:15-7:45	C/D Ballet	5:45-6:45	Elementary 2/3 Ballet/Lyrical – Ages 8, 9
7:45-8:45	C/D Partnering (*BBC 3rd Yr. & Up)		
	* No female professionals or adults	5:00-6:15	Elementary 6 Ballet/Pointe (Studio C)

4-WEEK CURRICULUM PROGRAM TUITION: Half Tuition due at the time of registration. Balance due May 28.

REFER TO OUR 4-WEEK TUITION SCHEDULE ON WEBSITE under TUITION & SCHOOL CALENDAR

HOW TO REGISTER? The preferred method of registration is done completely ON-LINE. Go to website ~ click "On-Line Registration" ~ follow the instructions to our AKADA Registration Program ~ Select SUMMER PROGRAMS and follow the prompts for registration. A credit card will be needed to register on-line. If you prefer to pay by check, print out the registration form and bring or mail to the office.

THE DANCE CENTER
Contact us ~ director@thedancecenter.org